

Women Working With Women – Sports Medicine Symposium

April 17th – 18th, 2020

Location: Austin, TX

Hotel: Fairmont Austin

Lab Location: Smith+Nephew Austin Learning Center

Learning Objective: Sports medicine surgeons will learn knowledge & techniques related to the treatment of various knee & shoulder pathologies. Attendees will hear from experts on current trends and techniques in ligament reconstruction and meniscal repair. This will include focused topics on ACL reconstruction, revision ACL reconstruction, meniscal repair, meniscal root repair, rotator cuff repair, anterior instability, posterior instability & biologics in the shoulder and knee that may improve patient outcomes. Attendees will hear from experts about the design rationale, materials, techniques and key concepts from Smith + Nephew technologies available today that may improve patient outcomes to include FASTFIX[◊] 360, BIOSURE[◊] REGENESORB, Q FIX[◊], COBLATION[◊], ACUFEX TRUNAV[◊], NOVOSTITCH[◊] Pro, REGENETEN[◊], HEALCOIL[◊] & MICRORAPTOR[◊].

Focus Products: FASTFIX[◊] 360, BIOSURE[◊] RG, ULTRABUTTON[◊], MENISCAL ROOT Repair System, FIRSTPASS[◊] Mini, COBLATION[◊], ACUFEX[◊] TRUNAV, NOVOSTITCH[◊] Pro, REGENETEN[◊], HEALCOIL[◊] RG, MULTIFIX S[◊], Q FIX[◊], MICRORAPTOR[◊]

Chairwoman: Elizabeth Arendt MD – University of Minnesota Co-Chair: Jo Hannafin MD, PhD - HSS

Faculty:

Katherine Coyner MD – University of Connecticut

Cathy Coady MD FRCSC – Dalhousie University

Juliet DeCampos MD – Andrews Institute

Julie Dodds MD – Sparrow Hospital

Sharon Hame MD - UCLA

Andrea Herzka MD - OHSU

Mary Lloyd Ireland MD – University of Kentucky

Cassandra Lee MD – University of California Davis

Sabrina Strickland MD – Hospital of Special Surgery

Vehniah Tjong MD – Northwestern University

Key Note Speaker:

Mary Jo Kane PhD – Minnesota University - Director of the Tucker Center for Research on Girls & Women in Sport at the University of Minnesota

Smith+Nephew Faculty:

Cynthia “Cyndi” Walker – Sr. Vice President of Global Medical Education

Shunji Brown-Woods Ed.D, MBA – Sr. Director Professional Affairs Global Medical Education

Christie Van Geffen – Vice President Global Sports Medicine Marketing

Meghan Mavity – Vice President Global ENT

Work Hours Total: 15

Knee Session Work Hours: 9.5

Shoulder Session Work Hours: 5

Attendee Info

Attendees should arrive at the hotel no later than 7:00 PM on April 16th, 2020.

Ground transportation provided from AUS airport to hotel.

Thursday, April 16th, 2020

**** FACULTY ONLY ****

Faculty should attempt to arrive at the hotel no later than 12:00 PM on April 16th, 2020.

Ground transportation provided from AUS airport to hotel.

1:00 PM Shuttle from hotel lobby to S+N Austin Learning Center

2:00 PM Faculty Lab Review + Lecture Upload

4:00 PM Shuttle To Hotel

6:30 PM Faculty Dinner

Friday, April 17th, 2020

Ground transportation provided from hotel to S+N Austin Learning Center
Meet in hotel lobby @ 6:45 AM on April 17, 2020 for departure

7:30 AM	Breakfast + Registration	All Attendees
8:00 AM	Opening Remarks + Introduction	Smith+Nephew
8:10 AM	Chairwomen Welcome + Course Objectives	Elizabeth Arendt MD + Jo Hannafin MD
Session I	ACL Reconstruction + Meniscal Repair	Moderator: Mary Lloyd-Ireland MD
8:20 AM	Graft Selection + ACL Updates in 2020	Andrea Herzka MD
8:30 AM	ACL-R: My Top Tips, Tricks + Technologies For Success	Vehniah Tjong MD
8:40 AM	Technique Video Review + Discussion ACL Reconstruction w/ ACUFEX [®] TRUNAV ** 5 Min	Vehniah Tjong MD
8:45 AM	Failed ACL-R: What Do You Do Next? One or Two Sx? Bone Grafting	Sharon Hame, MD
8:55 AM	When Is The Primary ACL-R Not Enough? Decision Making + Surgical Tips for Collateral Ligament Involvement in ACL Tears	Cathy Coady MD FRCS
9:15 AM	ACL Reconstruction Case Study Discussion ** Moderator: Mary Lloyd-Ireland MD ** 20 Min ** 2 Cases ** Active participation from audience encouraged ** Moderator will provide cases to discuss if needed	Drs. Tjong, Hame, Herzka + Coady
9:35 AM	Break – 15 Min	
9:50 AM	Radial + Horizontal Cleavage Tears: Novel Suture Constructs and Techniques To Save the Meniscus	Sabrina Strickland MD
10:00 AM	Technique Video Review + Discussion Horizontal Cleavage Meniscus Tears ** 5 Min	Sabrina Strickland MD
10:05 AM	Meniscal Root Repair: Simple Tips + Technologies to Achieve Better Outcomes	Cassandra Lee MD
10:15 AM	Technique Video Review + Discussion Meniscus Root Repair ** 5 Min	Cassandra Lee MD
10:20 AM	Meniscal Repair Case Study Discussion ** Moderator: Sabrina Strickland MD ** 20 Min ** 2 Cases ** Audience encouraged to join panel members. ** Active participation from audience encouraged ** Moderator will provide cases to discuss if needed	Drs. Lee, Tjong + Coady
Session II	Patellofemoral Instability	Moderator: Elizabeth Arendt MD
10:40 AM	Diagnostic Workup of Recurrent Lateral Patella Instability	Cathy Coady MD FRCS
10:50 AM	Patellofemoral Joint: Key Anatomic Principles + Tips for MPFL/MPTL Reconstruction	Elizabeth Arendt MD
11:05 AM	Technique Video Review + Discussion MPFL Reconstruction ** 5 Min	Elizabeth Arendt MD

11:10 AM	Review of S+N Knee Portfolio Prior To Lab	S+N Knee Marketing
11:25 AM	Lab Objectives	
11:30 AM	Lunch + Technique Discussions	
12:00 PM	Change into Scrubs ** Scrubs will be provided	
12:00 PM	Bio-Skills Lab 1 ** Please come prepared with specific lab objectives to ask faculty <ul style="list-style-type: none"> > BTB ACL-R – ACUFEX[®] TRUNAV[®], ACUFEX[®] DIRECTOR[®], BIOSURE[®] RG > Soft Tissue ACL-R – ACUFEX[®] TRUNAV[®], ACUFEX[®] DIRECTOR[®], DYONICS[®], ULTRABUTTON[®] > Meniscal Repair - FASTFIX[®]360, NOVOSTITCH[®] Pro > Meniscal Root Repair - FIRSTPASS[®] Mini, MENISCAL ROOT Repair System > MPFL-R – Q FIX[®], BIOSURE[®] RG 	
3:30 PM	Adjourn Lab 1 + Change out of Scrubs	
3:30 PM	Shuttle To Hotel	
-3:45 PM	* Ground transportation provided from S+N Austin Learning Center to Fairmont Austin Hotel	

Session III Breakouts - Practice Enhancement + Leadership + Case Based Learning

4:45 PM	Review of Breakout Sessions	Smith+Nephew
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- 5:00 PM Breakout Sessions – Held at Hotel Rooms **TBD**
- Attendees will be broken into 3 groups and will rotate twice (2x) to each session (30 min each)
 - Refreshments and appetizers will be provided
 - Computer and screens will be provided

Group 1 – Enhancing Your Sports Medicine Practice

Table Leaders: Sharon Hame MD, Vehniah Tjong MD, Cassandra Lee MD + Sabrina Strickland MD

S+N Faculty: Shunji Brown Woods Ed D MBA - Sr. Director Professional Affairs Global Medical Education

- Practice Enhancement
- Build & Promote Your Practice

Group 2 – Developing Leadership in Orthopedics

Table Leaders: Jo Hannafin MD PhD, Katherine Coyner MD, Julie Dodds MD + Cathy Coady MD FRCSC

S+N Faculty: Cynthia “Cyndi” Walker - Sr. Vice President of Global Medical Education

- Leadership: Taught + Learned
- Inspiring Those Around You

Group 3 – Roundtable Case Based Learning

Table Leaders: Mary Lloyd-Ireland MD, Elizabeth Arendt MD, Juliet De Campos MD + Andrea Herzka MD

S+N Faculty: Rebecca Brun, MS – Global Medical Education Content Developer

- Attendees encouraged to bring cases for discussions (2 slides in 2 min)
- Computer and screen will be provided

6:30 PM	Key Note: Does Sex Really Sell Women's Sports? The View from Elite Female Athletes	Mary Jo Kane, PhD
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7:00 PM	Questions	
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7:20 PM	Closing Remarks + House Keeping Updates	Smith+Nephew
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7:30 PM	Adjourn Day 1	
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Saturday, April 18th, 2020

Ground transportation provided from hotel to S+N Austin Learning Center
Meet in hotel @ 6:45 AM on April 18th, 2020 for departure

7:30 AM	Breakfast + Registration	All Attendees
7:50 AM	Opening Remarks + Introduction	Smith+Nephew
8:00 AM	Chairwomen Welcome + Course Objectives	Elizabeth Arendt MD + Jo Hannafin MD
Session IV	Essentials in Rotator Cuff Repair – Case Based Learning	Moderator: Jo Hannafin MD
8:10 AM	Keys To A Complete Diagnostic Shoulder Exam	Mary Lloyd-Ireland MD
8:20 AM	Partial Thickness Cuff Repair: Re-Thinking Treatment with Bio-Inductive Solutions	Julie Dodds MD
8:35 AM	Technique Video Review + Discussion : REGENETEN ^o Technique ** 5 Min	Julie Dodds MD
8:40 AM	Healing Strategies for Full Thickness RCR: My Top Tips to Enhance Your Repair	Juliet De Campos MD
8:55 AM	Revision RCR: Simple Tips + Techniques To Remember In A Revision Shoulder	Jo Hannafin MD, PhD
9:10 AM	Rotator Cuff Repair – Case Study Panel Discussion – Attendees/Faculty Cases ** Moderator: Jo Hannafin MD ** 20 Min ** 2 Cases ** Audience encouraged to join panel members. ** Active participation from audience encouraged ** Moderator will provide cases to discuss if needed	Drs. Lloyd-Ireland, Dodds De Campos, Coyner
9:30 AM	Break & Meet Smith + Nephew – 15 Min	
Session V	Essentials in Shoulder Instability – Case Based Learning	Moderator: Sharon Hame MD
9:45 AM	Anterior Instability: Arthroscopic Bankart + Remplissage Considerations	Katherine Coyner MD
10:00 AM	Technique Video + Discussion : 360 Labrum Repair – Tips + Tricks ** 5 Min	Katherine Coyner MD
10:05AM	Posterior Instability: Arthroscopic Tips + Tricks For Success	Mary Lloyd-Ireland MD
10:20 AM	Shoulder Instability – Case Study Panel Discussion – Attendees/Faculty Cases ** Moderator: Katherine Coyner MD ** 20 Min ** 2 Cases ** Audience encouraged to join panel members. ** Active participation from audience ** Moderator will provide cases to discuss	Drs. Dodds, De Campos, Lloyd-Ireland
10:40 AM	Review of S+N Shoulder Repair Portfolio Prior To Lab	S+N Shoulder Marketing
10:55 AM	Closing Remarks + Course Reflection	Elizabeth Arendt MD + Jo Hannafin MD PhD
11:00 AM	Lab Objectives & House Keeping Updates	Smith+Nephew
11:00 AM	Lunch Served	
11:30 AM	Change into Scrubs ** Scrubs will be provided	
11:45 PM	Bio-Skills Lab 2 ** Please come prepared with specific lab objectives to ask faculty ➢ Anterior Bankart –ACUPASS ^o DIRECT, MICRORAPTOR ^o , Q FIX ^o , DYONICS ^o , COBLATION ^o , ➢ Remplissage - HEALICOIL ^o , Q FIX ^o ➢ Posterior Bankart – DYONICS ^o , COBLATION ^o , MICRORAPTOR ^o , Q FIX ^o ➢ Patient Positioning - ACUFEX ^o ACCESS, SPIDER ^o	

3:00 PM Adjourn Lab 2 - Change out of Scrubs

3:00 PM Adjourn Course

3:00 PM - Shuttle to AUS airport
3:30 PM

NOTES
