

## Vail International Hip Symposium

January 9 -11, 2020

Vail, CO

# Smith+Nephew

**Hotel:** Vail Marriot

**Labs:** Vail Marriot & Steadman Philippon Research Institute (SPRI) Lab

**Learning Objective:** Attendees will develop knowledge & techniques related to the treatment various hip pathologies. Attendees will hear from world-renown experts on current trends and techniques in hip preservation. This will include focused topics on femoral acetabular impingement (FAI), labral repair, labral augmentation, capsule repair, micro instability, hip preservation outcomes & biologic solutions in the hip that may improve patient outcomes. Attendees will learn the design rationale, materials, techniques and key concepts from technologies available today to include MICRORAPTOR $\diamond$ , Q-FIX $\diamond$ , OSTEORAPTOR $\diamond$ , SUTUREFIX $\diamond$ , SPEEDLOCK $\diamond$ , COBLATION $\diamond$ , DYONICS $\diamond$ , and REGENESORB $\diamond$ .

**Focus Products:** MICRORAPTOR $\diamond$ , Q-FIX $\diamond$ , OSTEORAPTOR $\diamond$ , SUTUREFIX $\diamond$ , SPEEDLOCK $\diamond$ , COBLATION $\diamond$ , DYONICS $\diamond$ , REGENESORB $\diamond$ , HIPSTRUMENTS $\diamond$ , Arthroscopic Tower

**Chairmen:** Marc Phillippon MD **Co-Chairman:** Srino Bharam MD

**Faculty:**

**International Faculty:**

### Thursday, January 9, 2020

6:45 AM	Breakfast & Registration	All Attendees & Faculty
7:30 AM	Welcome To The Vail Hip Symposium	Smith + Nephew Leadership
7:40 AM	SPRI Welcome	Dan Drawbaugh

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**Session I      Anatomic Based Principles      Moderator:**

7:40 AM	Radiographic Pearls & Patient Selection for Hip Arthroscopy
7:50 AM	Hip Imaging Essentials – Case Study Review
8:00 AM	Live Demo: Hip Anatomy Dissection *20 min *Moderator:
8:20 AM	Performing A Comprehensive Hip Exam
8:30 AM	How To Build Your Hip Arthroscopy Team

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**Session II      Hip Labrum      Moderator:**

8:40 AM	Labral Pathology Treatment Algorithm
8:50 AM	Strategy for Anchor Selection for Optimal Labral Repair
9:00 AM	Labral Augmentation
9:10 AM	Labral Reconstruction
9:20 AM	Live Demo: Labral Repair

\*15min \*Moderator:

- 9:35 AM Hip Labrum Panel
- 9:55 AM Break & Meet With Exhibitors

**Session III** **Femoralacetabular Impingement** **Moderator:**

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- 10:20 AM Evolution of FAI
- 10:30 AM Technical Pearls for Femoral Osteoplasty
- 10:40 AM The Chondrolabral Junction
- 10:50 AM Pincer & Subspine Decompression
- 11:00 AM Adolescent FAI
- 11:10 AM Indications for Surgical Hip Dislocation
- 11:20 AM Molecular Characterization of FAI
- 11:30 AM FAI Panel – Case Study Based  
*2 Case Studies – 10 min each \*Moderator:*
- 12:00 PM Roundtable Case Discussions & Lunch With Faculty

1:00 – 4:00 PM Lab Session 1: Hotel Talisa & SPRI All Attendees & Faculty

**Session IV** **Capsule Management & Micro-Instability** **Moderator:**

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- 4:00 PM Hip Micro-instability: Does It Exist & How To Treat
- 4:10 PM Traumatic Instability
- 4:20 PM Capsule Considerations & Tips for Repair
- 4:30 PM Capsular Management Algorithm
- 4:40 PM Live Demo: Capsular Closure  
*\*10 min \*Moderator:*
- 4:50 PM Capsular Reconstruction
- 5:00 PM Capsular Management Panel  
*\*2 Case Studies – 10 min each \*Moderator:*
- 5:20 PM Break  
*\*20 min*

**Session V** **Biologics & Biomechanics** **Moderator:**

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- 5:40 PM Biologics To Improve Hip Cartilage Repair

5:50 PM	Management of Subchondral Cysts & Bone Marrow Edema	
6:00 PM	Understanding Hip Bio Mechanics	
6:10 PM	Future Direction of Joint Preservation	
6:20 PM	Closing Day Remarks & Announcements	Smith + Nephew Leadership

6:30 PM [Meet the Faculty Social Hour](#)

## Friday, January 10<sup>th</sup>, 2019

6:45 AM	Breakfast & Registration	
7:30 AM	Welcome & Agenda Review	Smith + Nephew Leadership

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### **Session VI Hip Instability & Dysplasia** **Moderator:**

7:40 AM	The History of the PAO	
7:50 AM	Joint Hypermobility & Hip Instability	
8:00 AM	Patterns Of Acetabular Dysplasia	
8:10 AM	Clinical & Radiographic Predictors For Hip Dysplasia	

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### **Session VII Other Treatment Considerations** **Moderator:**

8:20 AM	Endoscopic Proximal Hamstring Repair	
8:30 AM	Deep Gluteal Space/Ischiofemoral Impingement	
8:40 AM	Groin Evaluation for the Hip Specialist	
8:50 AM	Gluteus Medius Repair: Tips To Get You Covered	
9:00 AM	<a href="#">Live Demo: Gluteus Medius Repair</a> *15 min *Moderator:	
9:15 AM	The Revision Hip Arthroscopy: Putting It All Together	
9:25 AM	<a href="#">Live Demo: Sciatic Nerve Decompression</a> *10 min *Moderator:	
9:35 AM	<a href="#">Live Hip Arthroscopy Surgery</a> *70 min *Moderator:	Marc Philippon MD
10:40 AM	Break *20 min	

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### **Session VIII Post-Op Rehab & Hip Preservation Outcomes** **Moderator:**

11:00 AM	Sports Specific Rehabilitation: The Elite Athlete	Mark Ryan, MS, ATC, CSCS
11:10 AM	Sports Specific Rehabilitation: Dancers	Michelle Rodriguez, MPT, OCS, CMPT
11:20 AM	Best Practice Guidelines for Hip Arthroscopy	

11:30 AM Factors Associated With Improved Outcomes

11:40 PM Efficacy of Hip Arthroscopy for FAI

11:50 PM Economic Outcomes of Hip Arthroscopy

12:00 PM Lunch

1:00 – 4:00 PM Lab Session 2: Hotel Talisa & SPRI All Attendees & Faculty

### Saturday, January 11<sup>th</sup>, 2020

8:00 – 11:00 AM Lab Session 3: Hotel Talisa & SPRI All Attendees & Faculty